



Training Information



Iowa Law Enforcement Academy

Bldg. 4640 - Burma Road, 7105 NW 70th Ave, Johnston, IA

February 25, 2021 8:00am-4:00pm

Mental Health Awareness and Response for Law Enforcement

Register at: **[Mental Health Awareness and Response for LE](#)**

Or at: **www.on-targetsolutionsgroup.com**

Who should attend: This one day course is a designed for all law enforcement professionals from chief executive officer and all sworn and non-sworn law enforcement personnel.

This seminar will provide an overview of mental health issues and responses that law enforcement may/ will encounter. Law enforcement as first responders respond to thousands of service calls every year involving individuals with mental health crisis. With a myriad of different type of mental health conditions, it is critical for law enforcement to be able to identify the type of mental health issue(s) involved. Law enforcement must respond appropriately, not only for the benefit of the individual but also to ensure that the situation does not escalate further. **This seminar will also identify the causes and intervention techniques to respond to the epidemic of police suicides.**

Topics Include:

- Signs & Symptoms of Mental Health
- Types of Mental Illness
- Post-Traumatic Stress Disorder
- Depression
- Psychotic Disorders
- Identify Crisis Intervention and Benefits to Law Enforcement
- Practice Crisis Recognition
- Treatment Types for Mental Health
- Hospitalization for Mental Health
- Resources for Both Law Enforcement and Subject
- Police Stress/Suicide
- Causes of Police Stress/Suicide
- Officer Wellness
- Intervention Techniques of Police Stress/Suicide

Your Presenter:

Dr. Beata (Bea) Staszewski is an active sworn 16-year decorated veteran of the Chicago Police Department and has held multiple roles within the Department including patrol officer, community policing officer, school officer, and in-service trainer for the Department's 11,000 sworn members. She is both the Program Coordinator for CPD's Peer Support Program and a Peer Team Leader, and is also a member of the Crisis Intervention Team. She holds a doctorate in Clinical Psychology with an Emphasis in Traumatic Stress Psychology, and is licensed in Illinois as both a Licensed Clinical Psychologist and a Certified Alcohol and Drug Counselor.

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Fee \$175.00

(\$150.00 if 3 or more from same agency)